WORKSHOP FOR YOUTH ON STAYING SAFE ON ONLINE PLATFORMS

Purpose and objective

The purpose of this workshop is to engage, train and educate young people on how to remain safe and use online platforms in a secure manner. Aim is to raise awareness of the risks and dangers of online and digital platforms ranging from cyberbullying, false identifies, peer pressure, sharing adult content, use of passwords.

Who is the target audience?

Young people aged between 18 and 35 years. This age group is very active on social media and internet and tend to share a lot of personal and sensitive information with their social networks.

How many participants?

- 15 participants at a time.

Why attend?

- The workshop will bring together youth aged 18-35 years to learn about how to safely use and engage on online and digital platforms.

What approach?

- Virtual facilitation via zoom and teams.

Timeline?

- 2-hour workshop

What is the schedule?

Time	Session	Activity
10 minutes	Introduction	Tell us your name, age and online platforms you use.
20 minutes	Risks and dangers of online platforms	- Risks and dangers of online platforms with real examples. - How to prioritize safety and security on online platforms? - Q&A
25 minutes	False identities	- Expert to share examples of how people fake identities regarding age, gender, occupation etc and the arising dangers. - Q&A on how to identify this and what to do when approached.
20 minutes	Cyberbullying	- Expert to hare real examples of cyberbullying on online platforms. - Q&A on effects of cyberbullying and how to handle it.
10 minutes	Breakout session: peer pressure online	- Small virtual groups sharing experiences of peer pressure on online platforms.
15 minutes	Sharing adult content	- Expert guides young people on risks of viewing and sharing adult/ explicit content online.
10 minutes	Use of passwords	- Expert guides youth on how to create and use strong passwords.

10 minutes	Final thoughts	- Plenary discussion on what can be shared online and what should be private. - Evaluation: what did you learn, what did you like, what did you not like and what will you put in practice.